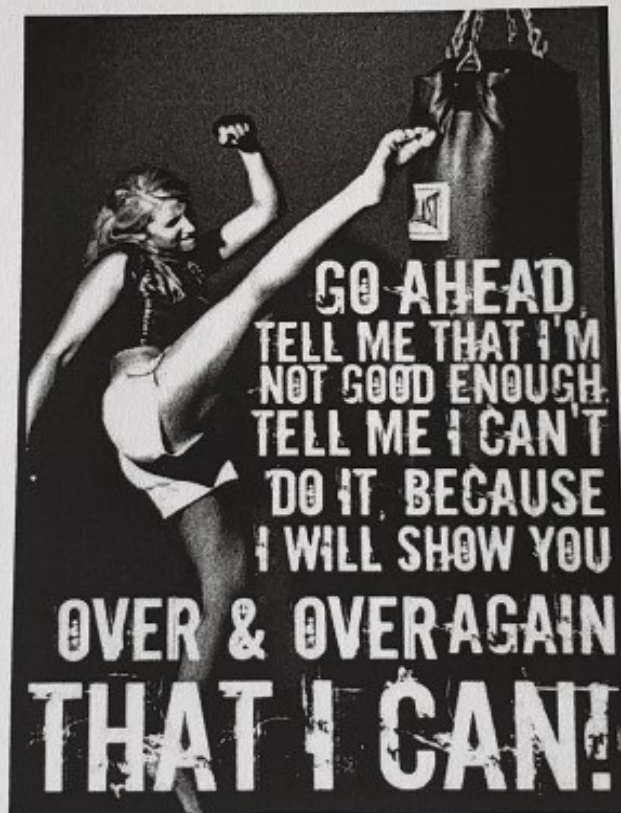


Community Wellness
KICKBOXING/CARDIO/CORE CLASSES

4 Week Fitness Challenge

Earn prizes for attendance, pounds lost, and staying tough! Prizes include Glow Girl Sunless Tanning gift certificates, Lavender Moon gift basket, Spa gifts, t- shirts and much more! All are welcome! Begins August 21st.



You **CAN** do this
STRONGER. EVERY. DAY.

To jump on board, please call or text Catherine Washabaugh at (717) 816-4331.